

**From:** [Curves - Main Street](#)

**To:** [Jackie & Buck McMillan](#) ; [Gail Ferguson](#) ; [Curves Norcross](#) ; [Curves Holcomb](#) ; [Curves Crabapple](#) ; [Curves Abbotts](#) ; [CURVES WINDWARD](#)

**Sent:** Monday, March 07, 2005 9:23 PM

**Subject:** TRAINING2BESAFE

WE JUST FINISHED UP THE CLASS ON "TRAINING TO BE SAFE." WE HAD 19 MEMBERS HERE. THIS CLASS WAS GREAT.

RETTA SHEALEY IS AMAZING AND HER PRESENTATION IS INFORMATIVE AND WELL PRESENTED. THE MEMBERS WERE IMPRESSED.

I RECOMMEND THIS CLASS FOR EVERY WOMAN OUT THERE.

MARY MONAGHAN

MANAGER

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