

From: CurvesofSuwanee@aol.com

To: rettashealey@worldnet.att.net

Sent: Monday, August 23, 2004

Subject: THANKS!

Retta,

Thank you so much! We really enjoyed your Safety presentation at our Collins Hill Curves location on August 18th!

Actually, it was only a few days later that a girl friend of mine was telling me about a man that approached her in an Old Navy at a local mall. He asked her if she was done shopping for the day because he would like to have coffee with her. Thank goodness she said no! She told me that he looked normal etc...But she was shopping by herself. She dresses normally, but was wearing a t-shirt and running shorts at the time he approached her. Everything you pointed out during your presentation was apparent in her encounter. Very scary!

I also used the pinching behind the arms to make my husband let me go the other night during a tickle attack!! Let me say that it worked like a charm!!!!!!

Also, we had a preliminary meeting to organize a Curves co-op for the Metro Atlanta area. One of the other clubs you have spoken at mentioned your Women's Safety program and so did I.

I have talked to a few other Curves facilities and will be passing along your contact info!

Thanks again!

Shana Mathis
Owner, Curves Suwanee and Curves Collins Hill